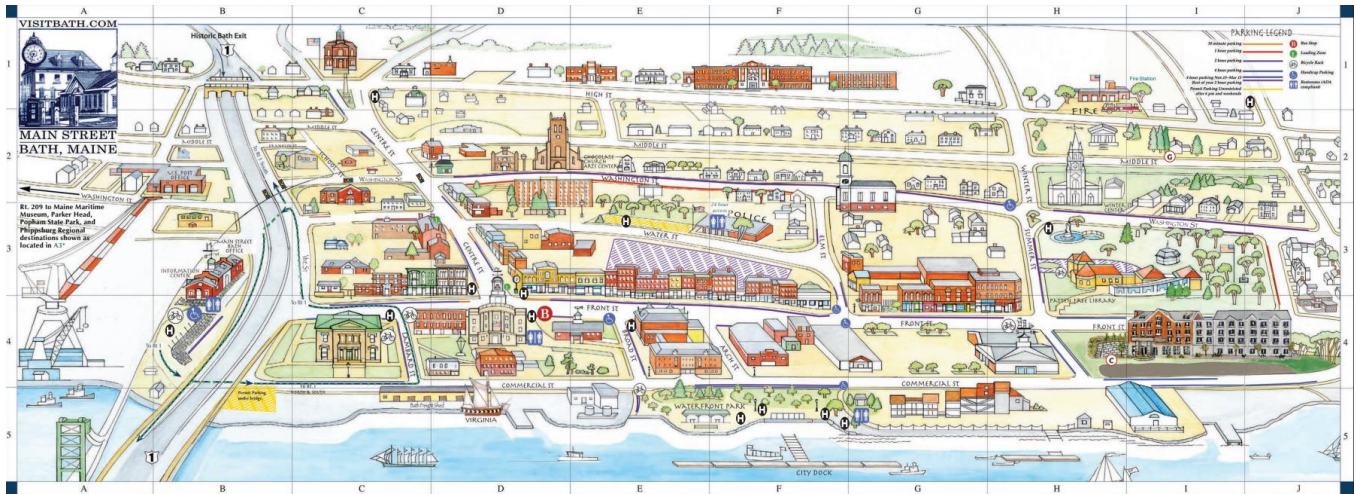


## September 23 – Saco, ME

We decided to take a drive north so Kai put a pin in the map and chose [Bath](#). It is a small community with a historic downtown. The city is along the Kennebec River, which flows with the tides. The community has done a lot of work to revitalize the downtown and riverfront area. It was well designed and informative. Historically ship building has been a huge industry because it is easily accessible inland by river or from the ocean. The fall season was blown in today with unusual strong cold winds and a high in the 50s. The drive was lovely with just a few trees starting to change colors.



Then Kai and I went to the [Bait Shed](#), which has a patio built over one of the estuaries. The tide was low so mostly there was just mud and with the strong winds there was hardly anyone there and we could only order food that would not blow away, so a salad was out of the question. I want to go back during high tide.

